		Depile place place of the time that you start your day is the mindset with which you start your day." - Hal Elrod -							
R	חע	SUN	MON	TUE	WED O	THU	<b>FRI</b>	<b>SAT</b>	
	08:00 09:00 10:00 11:00 12:00 13:00 14:00 15:00					IMPORTA	NT:		
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